



July - September 2018



**Our goal is to provide you and your family with Minnesota grown produce by bringing "The Season's Best" harvest to your table.**

**It's Produce Time! FRESH from the FIELDS to your TABLE**  
Summer at 101 Market means it's yummy Minnesota grown produce time. Super Sweet sweet corn, cucumbers, green beans, potatoes, tomatoes, zucchini and so much more. We partner with other Minnesota farmers to provide you with **FRESH** homegrown produce.

### Freezing Corn

Cut corn off the cob. Place in 9x12 inch pan, fill the pan 1.5" deep with the corn.

Add 1/4 cup butter and 1/4 cup water. If you want add salt, sugar or half-n-half.

Bake in a 350° oven for 30 to 40 minutes, stirring once. Cool. Put in plastic freezer bags. Open anytime for FRESH yummy homegrown Super Sweet sweet corn.



Yes, this recipe has been in previous newsletters, because it is often requested.



We hope our homegrown sweet corn will be ready for harvest soon. The hot weather causes the corn to ripen sooner. The photos show growth as of July 1. The kernels are small and the silk is not brown - two things which need to improve. You will be able to enjoy homegrown super sweet, sweet corn until we have a killing frost in the Fall.



**How to Select a Sweet Watermelon**  
Nothing is as refreshing as the sweet, juicy taste of a watermelon on a summer day. You may think that choosing a great watermelon is up to chance, but there are actually several ways to spot the perfect watermelon.

- 1. Field Spot** The field spot is the area where the watermelon rested on the ground. While every watermelon has a field spot, the best watermelons have creamy-yellow or even orange-yellow spots. Go for the gold.
- 2. Webbing** The webbing of a watermelon indicates the amount of times that bees touched the flower. The more pollination, the sweeter the watermelon.
- 3. Boy or Girl?** You may have not known this, but watermelons have genders. The 'boy' watermelons, are taller and more elongated, while the "girl" watermelons are more round and stout. The boy watermelons are more watery, while the girl watermelons are sweeter.
- 4. Size** So we may think that we should get our money's worth and get the biggest watermelon we can, but in reality, the best watermelons are average-sized. Don't go for too small or too big, but just right. Size matters.



Summer in the garden means harvesting your vegetables. If you don't have the time to can or pickle your harvest, we have plenty of pickled vegetables. Picked asparagus and garlic stuffed olives are favs of our staff.



**Canvas Bags**  
The bags are partly made from recycled army surplus canvas. The markings, stitching and other little blemishes found in the material add to the rustic, vintage look.

## ... Products Our Customers LOVE



The **Naked Bee** is a high quality collection of natural personal care products affordable to everyone . . . hence, the compact, concentrated and convenient sizes.  
**It has all of the good stuff and none of the bad stuff**  
70% organic skin conditioning lotion & moisturizer for hand & body  
Organic olive oil, honey and beeswax lip balm  
NO propylene glycol or mineral oil, NO dyes or pigment and absolutely NO animal testing . . .ever  
The Orange Honey Blossom is a hit with our customers and the whole company was based on it. You must give them a try!

Register for classes online: [www.nathes101market.com](http://www.nathes101market.com)

## Mosaic Garden Stepping Stone - September 15 - 10:00AM

Connect with us . . .  
#shop101market



Follow us and share your photos on Instagram when you visit 101 Market!  
We love seeing your shots!



A group of ladies created a mosaic stepping stone for their garden/yard in early July. Some of them took home another stone to design, at no cost, because they brought back a coupon from our Spring Open House in April.



"We want another class! Let's do the Snowman design for winter." Coming in November.



It may be Fall, but a mosaic stepping stone would be a great gift for any gardener. You can select from several cement forms: butterfly, circle, daisy, heart, hexagon, star etc., between 8 to 12" in size  
You then will select the mosaic color tiles, marbles or stones to create a colorful design. You will be given grout and the instructions to finish your piece at your home.  
It takes 24 hours for things to dry before you will grout and seal it.





Call us directly with your floral needs. We can create what you want to send to your loved ones.



*Our Floral Design Artists, Gail & Shelly ...*

**Orchids are Epiphytes** - they grow in air rather than soil.

The water needed to grow is absorbed from the air by white cells called Velamen. Most species of orchids require very bright light in order to grow and flourish. However, the phalaenopsis orchid is one type that will survive in less light making it easier to grow and a favorite of consumers. Depending on the variety, a phalaenopsis can produce a scape (flowering stalk) with anywhere from 3 to 20 flowers on it. Older, more mature plants may have 3-4 scapes blooming at one time. The wiggly, silver-gray aerial roots reproduced, which serve to draw moisture from the air or potting mix. An orchid's roots must have access to humid air and the growing media is designed to provide a moist, humid environment around the roots, while allowing fresh air to circulate and drain water quickly. Our state flower, The Lady Slipper, is a shade loving orchid. A great recourse for orchid care is the American Orchid Society at [www.orchidweb.org](http://www.orchidweb.org).

(information for this article was taken from Flower Shop Network)

"Making your day and everyday beautiful" ~Gail & Shelly



Fri. 9-7, Sat. 9-5, Sun. 11-3  
 Free admission, Free parking  
 25+ vendors from around the Twin Cities area featuring Vintage, Antiques, Handmades, Farmhouse Decor, Gifts, Jewelry, Soaps, Industrial, Architecture, Holiday Inspiration!  
**Bring a Friend and load up your vehicle**

**Graduate Wishes**



These Rogers High School graduates have been working at 101 for several years. They will be greatly missed.

Zach will start training this fall in under water welding at the Diver's Institute of Technology in Washington.

His parents are Denise & Pete Smisek of Otsego.

Haley, will be attending North Dakota State University to pursue a civil engineering degree.

Her parents are Jill Blomquist of Elk River and Jeff Hansen of Rogers.

*"Our Petals do the Talking"*

**NOW HIRING FOR FALL**

We are looking for energetic, fun individuals to work during our Fall Festival. You **MUST** be available to work the last 2 weekends of September and all weekends in October as well at Thursday and Friday of MEA (October 18 & 19) from 10 AM to 6 PM. Apply online [www.nathes101market.com](http://www.nathes101market.com)



**Annual Summer SALE**

**July 27 - August 4**

**25% to 50% OFF**

**on selected gift items**

The Simply Noelle fashion clothing line and purses is **NOW** discounted - 25% Off. It will be 50% Off - July 27. We need to make room for Simply Noelle Fall fashions.



# 101 Market's Seeds for Thought

8980 Quantrelle Avenue NE  
Otsego, MN 55330  
www.nathes101market.com  
763.441.4487

PRSRT STD  
U.S. Postage  
**PAID**  
Permit No. 132  
Elk River, MN

## Events Calendar

**Enchanted Fairy Garden Tour**  
**Saturday, July 21**

**Annual Summer Gift Sale**  
**July 28 - August 5**  
**25% - 50% OFF**

**Mosaic Stepping Stone - September 15**  
**Harvest Corn Maze & Family Fall Festival**  
**September 22 - October 28**  
**Holy Jolly Market - November 2 - 4**



The themes of the fairy gardens are: butterfly, flower, ladybug, mermaid, merry-go-around, swamp troll and more. You can explore by search and find, plus take a photo using the fairy photo boards. **Children supervised by adults(s) are welcome!**



## **Enchanted Fairy Garden Tour**

### **Discover, Dream & Explore**

This enchanted fairy garden surrounds a huge tree in the back yard of Paula and Brad's home in Rogers. Visit with them and explore their enchanted wonderland.

**Saturday, July 21 - Self guided tour**

9:30 am to 12:30 pm. Register by calling 763.441.4487 or online: [www.nathes101market.com](http://www.nathes101market.com)

Driving directions will be given to their home one week before. You may visit 15 minutes or as long as you'd like.

